Anorectal Manometry Prep

SEVEN DAYS BEFORE THE PROCEDURE

1. Purchase 2 Fleet enemas. This is over the counter; a prescription is not required. Most supermarkets or pharmacies carry them.

DAY OF PROCEDURE

1. Have nothing by mouth 2 hours prior to your procedure time, including water.
2. Take 2 Fleet enemas (at the same time) 1 hour prior to you needing to leave for your appointment.
3. You can take your medication the morning of the procedure prior to the 2 hour fast.
4. Arrive at your scheduled appointment time.
5. Please bring your insurance cards and photo ID.
6. The procedure will take about 20 to 30 minutes. Please plan to be in the office at least 45 minutes.

QUESTIONS OR PROBLEMS

1. Daytime phone number is (314) 997-0554 option 4.
2. After hours number is (314) 388-6578.
3. Internet website address is www.gidoctor.net
4. Billing Contacts:
    - Specialists in Gastroenterology: (833) 415-5585

_____ **Day of the week** _____/_____ **Date (month and day)** _____:_____ **AM/PM** **Arrival time** _____:_____ **AM/PM** **Procedure Time**

Specialists in Gastroenterology

11525 Olde Cabin Road
Creve Coeur, MO 63141
P: (314) 997-0554
F: (314) 997-5086